

## Messy play you can do at home

Why don't you try one of these fun and easy messy play ideas at home TODAY? Let us know how you get on ...pictures welcome!



- **Shaving foam** in a tray or plate. Make pictures with your fingers, pencil, spoon.. or be creative!
- **Hand painting**
- **Play dough.** Try our recipe below.



Or merely have fun with bubbles in the bath!

### HOMEMADE PLAY DOUGH

1 cup all-purpose flour

1 tablespoon vegetable oil

1 cup water

1/2 cup salt

2 teaspoons cream of tartar

food coloring

1. Heat all ingredients over low heat in a saucepan.
2. Stir occasionally until it forms a ball.
3. Remove from pan and knead until smooth  
(It will be very warm!)
4. Add food coloring.

You can be inventive: try substituting half of the flour for cocoa, porridge oats or even coffee. Add different smells, colour or glitter.